



TREATMENTS & MASSAGES



LE BRISTOL

HOTEL • LEUKERBAD

★★★★

Ressource d'énergie alpine



SOINS ET MASSAGES

TREATMENTS AND MASSAGES

TERMS AND CONDITIONS

Please book your treatment in advance at the hotel reception or even prior to arrival. Appointments can be canceled up to 24 hours before the start of the session without any charge. If you cancel after that time or do not arrive for your appointment, you will be charged the full amount.

Please note that the specified session length can only be an approximate duration. Short assessment and consultation periods are included in this time. We recommend that you arrive in the waiting area approx. 5 minutes before your appointment so that you can use your time to the fullest. Any sessions not started on time will be shortened accordingly.

Appointments canceled by the hotel, e.g. due to illness, shall not be subject to general compensation claims.

Changing rooms with shower, toilets and lockers are available in our wellness area. Lockers require a 2.- CHF coin as a deposit.

Please arrive for your treatment wearing a bathrobe and dry underwear.

Many of the products used for the treatments are also available for purchase. Please talk to an employee in the wellness area or to a receptionist.

Subject to availability and prior reservation, our treatments are also available to external guests (Day Spa). You will benefit from a free entry to our private spa area with state-of-the-art indoor pool, outdoor pool with whirlpools, biotope, sauna, steam-bath and extensive relaxation areas. Bathrobe, towels and slippers can be provided for a deposit of CHF 50.-

“LE BRISTOL” - RELAXATION TREATMENTS AND MASSAGES

	PRICE CHF	TIME
Traditional massage with bio almond oil	94.–	50
This traditional massage improves blood circulation and aids cardiac functions. It also enables you to relax and improves your physical and psychological balance.	64.–	25
Traditional massage with your choice of aromatic oils (bio)	98.–	50
The aromatic massage is a special source of relaxation where your body and mind find a degree of calm. Under the influence of the oils, feelings of relief and good humour emerge. The massage becomes a haven of peace, conferring physical and spiritual regeneration in equal measure.	68.–	25
Bio hot massage with coconut butter (NEW)	98.–	50
Gentle and relaxing massage with coconut butter finely seasoned, the excretion of toxins, effect immediately promote well-being and moisturizing virtues. With different aroma - bio coco, vanilla or mint!		
Hot stone massage	140.–	70
This massage eases you into profound relaxation of mind and muscles. It brings oxygen to the body tissue and eliminates waste caused by stress and fatigue. The hot stone massage is a rediscovery of body and spirit. It optimizes your vitality and its weight, energy and heat-releasing properties have the capacity to calm the mind's inner dialogue.		
Candle massage	98.–	50
This brings an original and unique concept to the art of massage. The ritual begins with the flame, which calms the atmosphere and releases a mild, delicately scented oil. This readily penetrates the skin and is 100 percent natural. Its oily texture facilitates deep massage, moisturizing the epidermis and leaving your skin satin-soft and “padded out.” A choice of scents is available.		
Balance massage (bio)	105.–	50
A quick and easy, but powerful way of restoring good energy circulation, this massage loosens emotional blockages and releases the organism's healing potential from all impediments.		



TREATMENTS AND MESSAGES



	PRICE CHF	TIME
Manual lymphatic drainage	95.–	50
This pleasant and relaxing technique bestows a sense of wellbeing. It oxygenates and nurtures the body tissue and eliminates waste. The lymph flow can slow dangerously due to lack of exercise, fatigue caused by poor breathing or any form of intoxication. Manual lymphatic drainage therefore boosts the flow where it is deficient.		
Relaxing plantar reflexology (with bio oil)	70.–	25
Reflexology helps to get rid of undesirable accumulations. It eases stress and tensions, promotes the elimination of nerve blocks, improves blood circulation and lymphatic flow and stimulates the systems which control the functioning of the organism.		
Natural fango	105.–	50
Fango therapy traces its roots back to the ancient world. The treatment exploits the substances contained in the fango and its thermal effect. The heat dilates the blood vessels, improving circulation through the body tissue and relaxing the musculature.		
Vichy shower massage	65.–	25
A shower massage confers many benefits on both body and mind. Total wellbeing is the result. The primary effect is calming. The contact of the water on the skin's receptors helps to soothe you. You will get up far more relaxed and less prone to tension. The Vichy shower is also an excellent way of escaping from daily routine and eliminating stress and any strains of overwork. If you want to sleep well again, that is a very good reason to treat yourself to a Vichy shower massage.		
Aromatic wrap (milk powder & body mask)	105.–	50
Here's a special pleasure for you! The aromatic wrap is a booster treatment recommended for all cases of energy loss and temporary or chronic fatigue. It is also a worthwhile preventive treatment to maintain good health, especially when the seasons change. Activation of the reflex zones of the feet completes the balancing and energizing effects of this treatment.		
Shiatsu (head massage)	65.–	25
Shiatsu is a technique of massage therapy of Japanese origin. It uses touch to restore balance to the body and thus promote health. Inspired by traditional Chinese medicine, it seeks to restore the circulation of vital energy or 'qi' in the areas of the body where this is in short or excess supply.		

VALAIS-STYLE TREATMENTS

	PRICE CHF	TIME
White fir body scrub	68.–	25
Feel great after a body scrub inspired by our natural surroundings. This treatment conveys all the reviving freshness of the silver fir. Its exfoliating sugar-salt and poppy seed formulation ensures an effective toning massage. Enriched with a soothing Calendula extract and precious mango butter, it leaves the skin perfectly smooth and soft.		
Relaxing massage	98.–	50
Escape for a moment. Imagine the golden grass of a mountain meadow waving in the breeze, and let go... The massage's soothing aromatic concentrate oil is the stuff that dreams are made of. Its marjoram extract has relaxing properties and eases tensions. The subtle combination of four organic vegetable oils ensures total moisturising and a delicious massage. And there's no problem getting dressed immediately after treatment.		
Energizing massage	98.–	50
The massage oil used for this treatment combines an energising aromatic formulation with a subtle blend of four organic vegetable oils. No massage could be more soothing, yet you can get dressed without problem immediately afterwards.		
Full white fir treatment	148.–	75
The wellbeing of a body scrub combined with the comfort of aromatic organic massage.		
Bio apricot seed oil massage (NEW)	98.–	50
Each gentle apricot fruit hides a kernel, whose oil is rich in vitamin A and minerals that soften and moisturise the skin. With every touch, the oil takes gentle care of your skin, helping reduce the wrinkles. Apricot kernel oil gives the skin a healthy and radiant look.		
Vinothérapie	148.–	75
A body scrub followed by a massage with seeds of the grapes from our beautiful region. Treatment with the vinothérapie technique offers genuine benefits. The grape seeds are very rich in polyphenols and antioxidants which help to counter ageing of the skin.		
Home-made body scrub	68.–	25
This body scrub is home made. We use honey and grape seeds to delight our discerning clients. Our own therapists prepare the mix to our own recipe, to bring you softness and a sense of wellbeing.		
Body scrub with bio strawberries from Valais (NEW)	72.–	25
Peeling with Valais organic strawberries rich in vitamins A, B, B9, C, calcium, iron and magnesium, the strawberry is the ideal product for your skin and body. The beta-carotene has antioxidant properties, and small black dots, they help the skin naturally free from impurities. Strawberry will moisturize and the skin cells.		



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BABOR BEAUTY TREATMENTS

Women's facial

	PRICE CHF	TIME
Baborganic Facial	154.–	90

Your complexion radiates vitality. Total facial treatment with massage and revitalizing treatment using rock crystal. Let the mountains work their magic on you. Our products apply silky textures which delight your skin and bring a glow to your face.

Baborganic Short Facial	114.–	50
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Make the most of mountain marvels and treat yourself to an extraordinary moment of relaxation. Restore purity, energy and clarity. This is not a full facial and involves no in-depth cleaning or mask.

Men's facial

Time Out Face	114.–	50
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Top up with vitality and look resplendent. This complete facial, designed for men only, is sheer relaxation for the soul and a lift to the spirits.

Women's & men's body treatments

Back Treatment	114.–	55
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The effectiveness of this treatment lies in the power of the plants it uses. Relax and stop thinking about anything or anyone but yourself. Cleansing, peeling, refreshing, mask and back massage are the components of this treatment.

Beautiful Hands	70.–	40
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Soft hands are incredibly beautiful. Make the most of the full, original treatment comprising cleansing, peeling, mask and massage.

Beautiful Feet	85.–	45
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Too often, we neglect our feet. Nevertheless, they deserve just as much attention as the parts of our bodies which normally receive treatment. Your feet will be soft and beautiful after the cleansing, peeling, mask and massage lavished during this pleasant treatment.

Cool Bodystyling Treatment	140.–	75
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Rediscover that terrific sense of wellbeing and freedom that comes from a stroll along the sea shore. For a seductive, firmed profile, this treatment includes cleansing, peeling, mask, anti-cellulite massage and finish.



TREATMENTS AND MASSAGES

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Hands and Feet					
			Bikini line	35.–	25
			Half-leg	50.–	30
Traditional manicure with varnish	70.–	50	Full leg	70.–	45
Traditional manicure without varnish	65.–	40	Arm	35.–	20
Traditional pedicure with varnish	80.–	55	Back	45.–	30
Traditional pedicure without varnish	70.–	45	Torso	45.–	25
Beautiful nails	25.–	20			

Waxing

Underarms	20.–	15	Tinting		
Eyebrows, with tweezers	20.–	20	Eyebrows	30.–	15
Upper lip/chin	20.–	10	Eyelashes	30.–	15
			Eyebrows and lashes	50.–	20

JUNIOR SPA

Fun and charming treatments for children aged 5 to 11

	PRICE CHF	TIME
Charlie and the Chocolate Factory	55.–	30

What's nice and soft and creamy, spreads over your skin and smells delicious? A chocolate massage! This one will appeal to all your senses, but don't forget to taste!

Kid's Spa	60.–	30
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Time for relaxation and toning: here's how to discover how great it feels to chill out and feel calm during your very own body massage. Enjoy one now - just like mum and dad - and make the most of the moment.

Queen of Snow (Inspired by «Frozen»)	45.–	20
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Do you dream of spending a little while just by yourself? Would you like a complexion as fresh as Elsa and Anna? Well, this treatment is waiting... just for you... A purifying treatment and face massage with products designed for little princesses of the present day.

Fairy Fingers	45.–	20
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This treatment leaves your little fairy hands all soft and utterly beautiful. Enjoy a hand massage and take your pick of a varnish from our wide range. What fun it is to be pampered!

Toe-tally Relaxed	55.–	25
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If you aren't too ticklish, this is the treatment for you. Foot bath, scrub and massage, toenail filing and varnish for healthy feet: you end up «toe-tally» relaxed. Go for it!

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